

Adamah at Home Sample Schedule

Dates and content subject to change.

Adamah at Home-- March 13-31, 2023		
Date/Time	Class	Description
Week 1: March 13-19		
Monday, 3/13		
9-9:45 AM	(Recommended) Orienting You to Zoom & Slack	Adamah at Home classes will take place via Zoom, with announcements, resource sharing, Q&A and connecting on Slack. Answers to all your burning questions about these (possibly new to you) platforms!
5:30-6:30 PM	Getting to Know You	Getting to Know each other and Community Norms
8-9 PM	Adam & Adamah: Bring Your Own Dust w/Shamu	We will explore one line of the creation story in the Torah and medieval and modern commentaries on the place and role of humans in the world. Language and sense of place, the particular and the universal, and earth/soil/Adamah are some of the themes.
Tuesday, 3/14		
10-11 AM	Avodat HaLev w/Carly & Shamu	Excerpts of sung traditional liturgy, wordless melodies, meditation and group sharing. Will include interpretive commentary on the weekly Torah portion.
5:30-6:30PM	Cheesemaking w/Carly	A hands-on workshop! You will need: whole (animal) milk (not ultra-pasteurized,) cheesecloth, meat or digital food thermometer, a colander, pot and spatula.
Wednesday 3/15		
9-10AM	(Optional) Office Hours w/Carly	Slack Carly to sign up for a 10 minute slot. Bring your questions and feedback, garden questions and ideas, or come for a chat.
10-10:40AM	What time is it? Where are you? + Maple Sugaring	Our first garden circle, plus some maple syruping info. Share about your gardening visions, plans, and dreams! Bring your questions, successes, and challenges.
Thursday, 3/16		
5-6PM	Keva and Kavannah of Avodat HaLev- w/ Shamu	How does Adamah's particular expression of prayer relate to the last 2,000 years of Jewish prayer in structure (Keva) and intention (Kavannah)?
Friday, 3/17		
4-5PM	Shabbat Closing Circle	We will reflect on the past week, what we have learned and prepare ourselves for Shabbat, the day of rest.

Week 2: March 20-26

Monday, 3/20		
5:30-6:30 PM	Farming: Blessing or Curse w/Shamu	Biblical, Talmudic and modern perspectives on farming and the nature of being human.
8-9PM	Lactofermentation w/ Carly	A hands-on preservation workshop. You will need a jar, non-iodized salt, and veggies. (Radishes will be in season, maybe small beets. Carrots are delicious, too!)
Tuesday, 3/21		
10-11AM	Avodat HaLev w/Carly	Another morning of song, prayer and reflections!
5:30-7PM	Justice & Food Systems w/Carly	Learn about the history of our American food system and its issues. We'll discuss our place in it all, and how we can reimagine an equitable food system.
Wednesday 3/22		
9-10AM	(Optional) Office Hours w/Carly	Slack Carly to sign up for a 10 minute slot. Bring your questions, feedback, or come for a chat!
10-10:40AM	Garden Sharing Circle	Share about your gardening visions, plans, and dreams! Bring your questions, successes, and challenges.
7:30-9:30 PM	Confronting the Climate Crisis and Cultivating Spiritual Courage w/Dayenu	Jewish tradition has much to offer as we confront the climate crisis. Building on an emerging body of thought grounded in Jewish teachings and <i>The Work That Reconnects</i> (by Joanna Macy), we hope to build and strengthen Jewish communities grappling with the realities of our changing world.
Thursday, 3/23		
5:30-6:30PM	Working with Perennials w/Shamu	Is the promise of sweat-free abundance offered in the garden of Eden story real and possible? Learn how to grow (relatively) low maintenance perennial plants such as: blueberries, raspberries, currants, chestnuts, hazelnuts, pawpaws, horseradish, sorrel, chives. and more. What lessons does permaculture design hold for the home gardener?
8-9:30PM	One Soil! An Intro to Regenerative Gardening w/Janna	Learn to design and execute a garden that goes beyond sustainability by building soil, storing carbon, increasing biodiversity, and maximizing photosynthesis.
Friday, 3/24		
4-5PM	Shabbat Closing	

Week 3: March 27-31		
Monday, 3/27		
5-6PM	Community Listening Hour	A practice of sharing and active listening in community.
8-9:30	Climate Change and What's for Dinner w/Janna	The climate crisis is frightening and huge- not an easy subject to talk about. We'll lean on the wisdom of our tradition and the warm and open space we've created with one another to think about our food choices in the context of climate change.
Tuesday, 3/28		
10-11AM	Avodat HaLev w/Shamu	Morning song and prayer.
5:30-7PM	Antisemitism & White Supremacy w/Carly	As Jews, we are in a unique political moment where we are feeling the existence of antisemitism in new and old ways. We'll explore more about the history and current faces of antisemitism, the distinction between white nationalism and white supremacy, and reflect on our own internalized antisemitism.
Wednesday 3/29		
9-10 AM	(Optional) Office Hours	Slack Carly to sign up for a 10 minute slot. Bring your questions, feedback, or come for a chat!
10-10:40AM	Garden Sharing Circle	Share about your gardening visions, plans, and dreams! Bring your questions, successes, and challenges.
5:30-6:30 PM	Compost & Redemption w/ Shamu	How to and the religious, ecological and justice implications of composting .
8-9:30PM	Billz Billz Billz. Policy As A Vehicle for Change	How do policies affect what's on your plate for dinner? Learn how environmental and justice issues are shaped by federal laws and regulations and gain advocacy skills to participate in the process.
Thursday, 3/30		
5:30-6:30 PM	Radical Amazement w/Carly	How do we find awe in everyday moments? What tools does Judaism offer for attention and wonder and how do these tools shift us and the culture around us?
8-9PM	Get a Job(ian) Vision w/Shamu	Grappling with the Book of Job reveals so much about Judaism and the Earth! We will explore the Voice from the Whirlwind for its awesome vision of wild nature, the divine and human place in it including some modern commentaries
Friday, 3/31		
4-5PM	Shabbat and Program Closing	