

## SAMPLE FAMILY RETREAT SCHEDULE

### FRIDAY

- 3:00-5:00pm Check-in and Arrival, Meet and Munch
- 4:00-5:00 Personalize Your Pillow Family Project
- 5:15pm Schmooze Time
- 5:30-6:00pm Musical Family Kabbalat Shabbat
- 6:00-7:00pm Shabbat Dinner
- 7:00-7:45pm Bedtime Ritual, and PJ Storytime for families with kids 0-5 years old
- 7:15-8:30pm Pajama Party and family games for families with kids 5-12 years old
- 9:00pm 21+ (Late) Happy Hour

### SATURDAY

- 8:00-9:00m Breakfast
- 8:30 am Animal Visits
- 9:00-11am Experience Shabbat:  
Baby & Me Shabbat 0-5  
Kids Shabbat 5-12  
Adults Only Shabbat
- 11:30-1:00pm Lunch
- 1:00-2:00pm Family Rest time
- 2:00-3:30 pm Family Low Ropes and Soccer/Frisbee
- 3:30-5:30pm Family Free time/Snack available in Lobby  
Farm Tour  
Nature Hike  
Sports (frisbee, basketball, soccer)  
Family Creek Walk
- 6:00-7:00pm Dinner
- 7:00pm Bedtime Ritual for families with kids 0-5 years old

7:15-8:15pm Havdalah and Campfire Jam Session/Smores—bring instruments!

8:30pm Pajama Party for families with kids 5-12 years old

9:00pm 21+ (Late) Happy Hour

## SUNDAY

8:00-9:00am Breakfast

9:15-9:45am Special Family Vision Boarding activity in preparation for the new year

10:00am Check out